



## **Curriculum for ½-day Training:**

## intercultural competence and reflective discussion

Time	Activity	Material
10min	Welcoming Words	ppt
	Presentation of Trainers/Organization	
	Presentation of TDAR	
CULTURE		
15min	Group-Work "Culture"	4 Flipcharts with key
	Group 1: My "own" culture	questions
	Group 2: My biggest intercultural misunderstanding	
	Group 3: This is what I have learned from another culture/	
	person from another culture	
	Group 4: My biggest challenge when working with other	
	cultures	
	Groups rotate from Flipchart to Flipchart and answer with	
	headwords	
10min	What is culture? – Iceberg	ppt
30min	The touching story of Abigail	Handout
	<ol> <li>each participant should do a list from best to worst</li> </ol>	
	character.	
	2. form groups – one list for the whole group	
10min	What is "interculture"? – two icebergs (colliding)	ppt
COMMUN		
3min	direct-indirect communication	Video
		"My glas is empty"
2min	Communication in care: who is involved?	ppt
20min	How does communication work? – Communicative exercise	ppt
	<ol> <li>form pairs, partners sitting back to back</li> </ol>	Handouts Exercise
	<ol><li>one partner describes the figure on the handout –</li></ol>	
	other partner needs to draw but remain completely	
	silent.	
	3. 2nd time – both partners are allowed to speak (but not	
	see)	
	4. evaluate why communication was difficult + what could	
	be done to improve $ ightarrow$ levels of communication	
5min	Levels of communication: (inter-)cultural perspective	ppt
5min	direct-indirect communication:	ppt
	care-workers have to be "open, direct and honest"	





## **Transfer and Development of ArbetSam Results**

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PERCEPTION				
2min	Awareness test 1: How many passes,	Video basketball		
3min	Awareness test 2: Whodunnit?	Video Whodunnit		
5min	Analysis of Perception - selective - dependant on previous experiences - dependant on perspective			
5min	Change your perspective: poor cat?	Video Cat		
[40- 1]				

[125min]

10min. PAUSE				
MODERATED REFLECTIVE DISCUSSION				
Situation: A new colleague is coming to work with the team.	ppt			
<b>Groupwork:</b> Who is going to be affected?	ppt			
- Management				
- Team				
- new foreign co-worker				
- inhabitants				
- Relatives				
For each group participants reflect about:				
■ I feel				
■ I am afraid that				
■ I wish				
Moderated reflective discussion:	moderation-sheet			
Topic: How can we integrate colleagues with an immigrant				
background even better in the future?				
Conclusion	ppt			
- Summary of the Training	Feedback-Forms			
- Summary of TDAR-Approach				
- Feedback				



